

## WHAT'S COMING UP

---

### **SERIES A: THE HEALING ARTS**

---

**MONDAY, NOVEMBER 1**

**STEPHEN BUTLER**

**TAKE TWO STAGE PERFORMANCES,  
WASH THEM DOWN WITH A WATERCOLOR  
WORKSHOP – AND CALL ME IN THE MORNING**

**MONDAY, DECEMBER 6**

**DR. DEBORAH WELSH**

**CREATIVE ARTS:  
SOMETHING IN THE WAY YOU MOVE ME**

---

### **SERIES B: IMPARA PRESENTS: WHAT'S NEW IN AGING?**

---

**MONDAY, NOVEMBER 15**

**DR. TIMOTHY IZANT:**

**WHAT A JOINT!  
(THE LATEST ON SHOULDERS, KNEES, AND HIPS)**

**MONDAY, DECEMBER 20**

**DR. ARNOLD MOSES:**

**DEM BONES, DEM BONES, GONNA RISE AGAIN?  
CURRENT APPROACHES TO OSTEOPOROSIS**

The Oaks, in partnership with  
The Jewish Community Center  
and IMPARA,  
invites you to enjoy



---

## **ACORNS AT THE OAKS: FALL 2010 LECTURE AND DINNER SERIES**

---

**MONDAY, OCTOBER 18, 2010**

**CHRISTY BOND, MS, FACHE:**

**GET OUT AND STAY OUT!  
(MAKING A HOSPITAL DISCHARGE LAST)**

FOR MORE INFORMATION CALL 449-3309 or 445-2360 x104



SERIES SPONSOR:



## CHRISTY BOND, MS, FACHE

### TONIGHT'S PROGRAM:

#### Get Out and Stay Out!

#### (Making a Hospital Discharge Last)

**The last thing you want or need when you get out of the hospital is to wind up going right back in but it happens, way too often. Christy will detail what you as a health care consumer can do to protect yourself, as well as some of the ways Crouse Hospital is working to end this sad and costly spiral of decline.**

---



#### Christina Pavetto Bond, MS, FACHE

is a fellow in the American College of Healthcare Executives and board-certified hospital administrator, with extensive experience in clinical program development, role design, quality improvement leadership and educational programming. Christy is the founding director of the Complex

and Aging Care service line she developed at Crouse Hospital five years ago. In this role she has brought several best-practice programs to Crouse, including NICHE (Nurses Improving the Care of Healthsystem Elders), HELP (Hospital Elder Life Program) and the Care Transitions Intervention. In addition, she has led Crouse's participation in several grant-funded regional and national collaboratives, including the Medicare Innovations Collaborative, Improving Care Processes for Patients with Sensory Loss, Stop CAUTI, and Improving Transitions of Care through Family Caregiver Partnership. Christy is a frequent speaker on the business development of a geriatric service line, leadership, and patient self management.

Her recent book "Reducing Readmissions: A Blueprint for Improving Care Transitions," co-written with Eric Coleman, MD, MPH, provides a detailed look at effective and innovative programs to reduce readmissions and offers a blueprint for hospitals to develop a comprehensive readmission reduction program based on sound leadership practices.

Complex Care and IMPARA Advisory Committee member Christy Bond will detail what you as a health care consumer can do to protect yourself, as well as some of the ways Crouse is working to end this sad and costly spiral of decline.

Most of all, Christy credits her 97-year-old grandmother as her primary source of information on how to age actively. IMPARA, the Rodney and Marjorie Fink Institute at Menorah Park for Applied Research on aging, is fortunate to be able to count Christy as an active and extremely valuable member of its Advisory Board and a consultant on one of its biggest grant projects, Health Literacy of Informal Caregivers: Improving Geriatric Patient Outcomes.

THANK YOU TO OUR SERIES SPONSOR:

